## Study Tips!

## Places to study:

- Cove—booth, couches
- Mall
- $\bullet$  Library—alcoves, study rooms, couches on  $1^{st}$  floor, large tables on  $2^{nd}$  floor, media room on  $2^{nd}$  floor
- CAS office lounge on 3<sup>rd</sup> Cullen
- Alumni Office Lounge on 2<sup>nd</sup> Cullen
- Bishops Lounge
- The classroom of the class/exam
- Coffee shops: Down the Alley Bistro, Starbucks
- Restaurants: IHOP (24 hr),
- Dorm or apartment
- Bathtub
- Blanket tent with a booklight
- Gym
- Park

## Ways to Study:

- Reread highlighted/underlined material
- Type chapter notes: main ideas, keywords, summary
- Highlight notes
- Create a hierarchical study guide of text/class notes
- Speak out loud
- Teach someone else or the wall
- Memorize "chunks"
- Outline essay topics before in-class essay exam—don't just assume you can throw together an essay in class, especially if you have the topics beforehand
- Underwater/at the pool—put notes or study guide in a large Ziploc bag
- While chewing grape-flavored gum—chew it again when taking the exam
- Record and listen to lecture—ask professor first if it's ok
- Tape record your own notes—but remember, just listening won't make you learn. You must actively listen, repeat, and memorize
- In the car at the park
- Sticky notes in common places
- Doodling while study
- Notecards
- Bounce a ball
- Redraw graphs and charts
- While walking
- While hydrating—your brain is mainly water and needs it to function optimally
- Question-Answer format
- Mnemonics—but make sure you remember what they stand for!
- Write a song with the material
- Associate concepts with examples from your own life
- Read faster—it engages you more and does allow your mind to stray as much; makes you stay focused.